



INFORMATION BOOKLET

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INTRODUCTION

The idea for *CnC Adult* was born in a parking lot. We were watching parents drive in to drop off their kids for the CnC Youth program when we realized four things:

- The parents were going to have to come back in 90 minutes to pick their kids up. Why not offer them a reason to stick around?
- Chances were high that these parents had never thought in-depth about faith issues since their own confirmations sometime in the previous millennium. Additionally, parents had already told us they endured the very kind of confirmation class that *Confirm not Conform* was developed to combat: the no-questions-allowed, say-the-right-words, show-up-for-the-bishop, do-it-because-your-parents-said-so kind of confirmation. We could fix that.
- If we provided an engaging class for both parents and kids, they were going to keep talking about it during the week. It's good to get people engaged in the classroom; it's incredible to keep them engaged over the dinner table.
- Any class for parents would work equally well for any adult in the parish – it could be made available to everyone.

The result was *CnC Adult*, a unique program related to its youthful counterpart but with its own grown-up sensibility.

What's consistent is that *CnC Adult* lets grown-ups ask all the questions they never got to ask. It's a time to cover the basics that may have been ignored. It's a chance to feel okay about not knowing, about doubting, about questioning. It's an opportunity for people to figure out what they really believe and put that belief to work in their daily lives.



WHAT IS CNC ADULT?

CnC Adult is a spiritual formation program based on the youth curriculum *Confirm not Conform*. *CnC Adult* shares the youth program's emphasis on building an authentic faith, but with a focus on the spiritual and developmental needs of people in the middle of their life.

CnC Adult's 16 lessons invite participants to ask the questions they've always wanted to ask and to learn about faith from an adult perspective. The lesson plans covers the basics on Bible, creeds, prayers book and sacraments, topics which may have been ignored or lost in the mists of time. Participants experiment with different spiritual practices to find what ones work best for them. And they also consider the important and often ignored topic of how they want to use the time remaining to them.

Like the youth program, *CnC Adult* is flexible. Its 16 lessons, or parts thereof, can serve as:

- an adult confirmation course
- a general adult education program
- a Sunday morning series
- a newcomer orientation
- a retreat program
- and more!

However you use *CnC Adult*, the program helps adults explore what they truly believe instead of what they feel they're supposed to think, and then integrate their beliefs into their daily lives.



OVERVIEW

CnC Adult is a set of 16 lessons covering everything from the Bible to time management. Although we have arranged them in a certain order, they are yours to arrange as you wish.

Overall, the program falls (very roughly) into 3 sections:

Section 1 (lessons 1-6) focuses on belief—what do we personally believe? What are our Creeds, both in the church and our own hearts? What do other religions believe? How do these compare? Where do these beliefs come from?

Section 2 (lessons 7-13) focuses on Word and Sacraments—what is the Bible? How do we read it? What are Sacraments? How do they work in our daily lives? (Three of these lessons focus on what it means to be Anglican, including a closer look at the Book of Common Prayer.)

Section 3 (lessons 14-16) focuses on practicing our faith—how we live out what we believe, how we fulfill the promises made at our baptism, and where we go from here.

Of course, there's a lot of overlap among the lessons and these categories are not neat and precise, but, heck, that's why we called this section an Overview.

Just as in the youth program, *CnC Adult* has homework. But *CnC Adult* also has an additional assignment. At each class, participants are asked to select (or continue) a spiritual discipline to practice until the next class meets. Each class begins with a review of how the spiritual disciplines they've tried worked—or didn't. The focus on spiritual disciplines underlines that faith is held not just in the head but in the heart, and that the integration of faith and daily life can strengthen both.

To get a sense of the program, please take a look at our sample downloadable lesson on our website, www.confirmnotconform.com/samples.



PRICING AND PURCHASING

Pricing for *CnC Adult* (as with *CnC*) is based on your church's average Sunday attendance, with annual access as low as \$39/year. If you wish to also purchase the youth program as well, you can buy the two programs together beginning at \$75/year. Already have *CnC* for youth? Purchase *CnC Adult* as an add-on for as little as \$26!

The full range of pricing is listed in the chart below:

AVERAGE WEEKLY ATTENDANCE	ADULT PRICE	COMBO PRICE	ADULT ADD-ON (ALREADY BOUGHT YOUTH PROGRAM)
Under 50	\$39.00	\$75.00	\$26.00
50-99	\$79.00	\$150.00	\$49.00
100-149	\$139.00	\$270.00	\$89.00
150-199	\$189.00	\$360.00	\$119.00
200-299	\$239.00	\$450.00	\$149.00
300-499	\$319.00	\$600.00	\$199.00
500+	\$399.00	\$760.00	\$259.00

RENEWAL PRICING

After your church purchases the *Confirm not Conform* youth and/or adult programs, your church will pay an annual renewal (licensing) fee, which is 50% of the first-time purchase price. You will receive a renewal notification before your renewal date arrives. If you are not planning to use the *CnC* program for a given year, you may skip one year then return to *CnC* use the following year paying the renewal price. If you let your *Confirm not Conform* "subscription" lapse for two years, you may reuse *CnC* by re-purchasing the program(s) at the regular first-time price. For any pricing or renewal questions, please call Morehouse Education Resources Customer Service staff at (800) 242-1918.



TO ORDER:

Ordering *Confirm not Conform* Adult is identical to ordering the CnC youth program. Just follow these simple steps:

1. Visit www.confirmnotconform.com and go to the "Pricing and Ordering" tab.
2. Choose the program(s) you want to order.
3. If you are purchasing the *CnC Adult* program and have already purchased the youth program, you will purchase the adult program at the "Add-on" price which saves you money off the combined regular prices of the youth and adult programs.
4. Once you've purchased, you will receive an order confirmation e-mail which give you an initial user name and password login.
5. Enter the website again using the login information received in step 4
6. The first time you login you will be given the opportunity to create a new password for your account.
7. From the site, you can download and print the complete program or any combination of individual lessons.
8. Access the site as often as you'd like and at any time of day or night.

QUESTIONS?

For pricing and purchasing questions, call Morehouse Education Resources Customer Service at (800) 242-1918.

If you have more questions about the *CnC Adult* program, or the CnC youth confirmation program, please visit our website, www.confirmnotconform.com. If you would like to see a sample lesson, please check out our downloadable overview pages on the Preview Materials page, www.confirmnotconform.com/samples.

If you have more questions about the program, please don't hesitate to contact us at info@confirmnotconform.com.

