

# CNC FOR ADULTS: TABLE OF CONTENTS

## SESSION 1: INTRODUCTION TO CNC FOR ADULTS

Establishes the *Rules of the Road* and the calendar of assignments for *CnC for Adults*. Assigns each participant a world religion to study. Starts to explore unanswered questions, and sets up the expectation that questions are normal, acceptable, and good.

**Homework:** The Gospel According to You

## SESSION 2: SPIRITUALITY: SPIRITUAL AND MAYBE RELIGIOUS

Examines our assumptions about what spiritual practices are or should be and explores the different ways people may experience their spirituality.

**Homework:** Spiritual Conversations

## SESSION 3: HISTORY: A COMPLETE OVERVIEW OF ALL RELIGIOUS HISTORY

Gives a broad outline of the Judeo-Christian tradition and its many divisions, disagreements, and developments.

**Homework:** Technical Terms in Your Own Words

## SESSION 4: THEOLOGY: HERETICS WE HAVE KNOWN

Explores heretics through history, heretics in contemporary society, and the ways in which we could be considered heretics.

**Homework:** Pick Your Favorite Heretic

## SESSION 5: SCRIPTURE: A MAD DASH THROUGH A GOOD BOOK

Presents an overview of the Bible, its themes, and how it is put together.

**Homework:** Biblical History; People You May Know

## SESSION 6: SCRIPTURE: THE PEOPLE IN YOUR NEIGHBORHOOD

Looks at figures in the Bible: participants report on the characters they have studied and what they learned about them. After learning how to use a concordance, participants are asked to pick a Scripture passage to memorize and present later in the program.

**Homework:** Pick Your Passage

## SESSION 7: THEOLOGY: STUDYING GOD

Explores our assumptions about theology and discovers the tools we already have to do the work of theology in our own lives.

**Homework:** Doing Theology

## **SESSION 8: HISTORY: THE NICENE CREED**

Explores the political and personal stories behind the Nicene Creed, showing how things are not much different now from what they were then.

Homework: Technical Terms In Your Own Words Revisited

## **SESSION 9: THEOLOGY: A COUNCIL OF THE CHURCH**

Participants work together to develop a group creed.

Homework: Memorizing Scripture, World Religion Research

## **SESSION 10: HISTORY & ANGLICANISM: SO WHAT'S OUR STORY?**

Gives a basic overview of the history and values of Anglicanism.

Homework: An Ad for the Church

## **SESSION 11: ANGLICANISM: *THE BOOK OF COMMON PRAYER***

Explores the contents of *The Book of Common Prayer* and its importance in developing and maintaining Anglican values and beliefs.

Homework: It's Your Funeral

## **SESSION 12: ANGLICANISM: THE SACRAMENTS**

Discusses the Anglican understanding of sacraments.

Homework: Sacrament Watch

## **SESSION 13: ANGLICANISM: THE CHURCH THROUGH THE YEAR**

Explores the seasons of the church year and how they shape our understanding of theology.

Homework: Do Something Different

## **SESSION 14: SPIRITUALITY: PAIN TO POWER**

Uses the Eucharist as a framework to explore how the story of the Resurrection applies to our own experiences of pain.

Homework: Pain to Power

Memorization Work, World Religion Research

## **SESSION 15: HISTORY & SCRIPTURE: REPORTS ON WORLD RELIGIONS AND TEACHINGS ON SCRIPTURE**

Follows up on assignments from Session 1: participants give reports on their previously assigned world religion or present a memorized passage of Scripture and their teaching on it.

[Repeat this session as needed, depending on the number of people in the group.]

Homework: Baptismal Thoughts

### **SESSION 16: ANGLICANISM: THE BAPTISMAL COVENANT**

Examines the values underlying the Baptismal Covenant in the 1979 *Book of Common Prayer* and asks how we live them out.

Homework: Time Management

### **SESSION 17: THEOLOGY: WHERE DOES THE TIME GO?**

Asks how the things we value compare with the ways we spend our time. Creates a framework to consider the changes needed to bring our values in alignment with how we live our lives.

Homework: Next Steps

### **SESSION 18: EVALUATION: TIME TO REFLECT**

Allows participants to evaluate the program as a whole, reflecting on questions answered and left unanswered. Encourages participants to think about the practical steps they can take to meet the goals they have set for themselves.