



# CONFIRM NOT CONFORM UCC

## TABLE OF CONTENTS: SESSIONS 1-20

### **SESSION 1: INTRODUCTION TO CONFIRM NOT CONFORM**

Introduces the premises of the *Confirm not Conform* program and establishes group expectations.

### **SESSION 2: WHERE DO YOU STAND: THE GOSPEL ACCORDING TO WHOM**

Explores where youth are starting from and what they currently believe.

### **SESSION 3: WHERE DO YOU STAND: MEET YOUR MENTOR**

Establishes the mentor/youth relationship. **Mentors attend this session.**

### **SESSION 4: HERETICS R US**

Discovers how heretics through the ages have shaped our faith today.

### **SESSION 5: SCRIPTURE: A MAD DASH THROUGH A GOOD BOOK**

An overview of the Bible and how it is put together.

### **SESSION 6: TEACH US TO PRAY: THE LORD'S PRAYER**

Closely examines several versions of the Lord's Prayer, followed by a Prayer Lab where youth can explore different ways to pray.

### **SESSION 7: TRADITION: THE NICENE CREED**

Presents the history of the church up through the writing of the Nicene Creed. Youth are invited to define the meanings of some basic concepts of faith.

## **SESSION 8: TRADITION: CHURCH HISTORY CONTINUED**

Youth develop a creed through the Council of CnC. A brief presentation of the history of the church through the 1700s.

## **SESSION 9: FAITH IN ACTION: PAIN TO POWER**

Explores how God helps us transform the pain in our lives into the very power we need to transform the world. **Mentors attend this session.**

## **SESSION 10: FAITH IN ACTION: HOW WE CAN HELP**

Examines those things that can help others, those things that don't, and why we help others at all.

## **SESSION 11: FAITH IN ACTION: THE ISSUE OF POWER**

Focuses on the role that power plays in living out our call to be Christ's body in the world.

## **SESSION 12: SCRIPTURE: THE BIBLE BY HEART**

Youth learn to use a concordance to help them select a passage of Scripture to memorize. **Mentors attend this session.**

## **SESSION 13: TRADITION: OUR NECK OF THE WOODS**

An overview and exploration of the history and beliefs of the United Church of Christ.

## **SESSION 14: TEACH US TO PRAY: THE SACRAMENTS**

Discusses the meaning of the sacraments in the United Church of Christ.

## **SESSION 15: TRADITION: THE CHURCH THROUGH THE YEAR**

Explores the seasons of the church year and examines some of the materials used in worship.

## SESSION 16: TRADITION: THE PRIESTHOOD OF ALL BELIEVERS

Discusses how all who are baptized are ministers in the church, and how the church sometimes sends mixed messages about that.

## SESSION 17: WORLD COUNCIL OF RELIGIONS

Explores the basic tenets of other major world religions.

## SESSION 18: WHERE DO YOU STAND: THE POWER TO CHOOSE

Revisits the statements of faith youth looked at in *Session 2* and explores how they have changed over the course of the program. **Mentors attend this session.**

## SESSION 19: FAITH IN ACTION: MAY WE PRESENT

Helps youth design a presentation for the church council about their service project. **This session is held the week before the group meets with the church council.**

## SESSION 20: WHERE DO YOU STAND: WHERE DO YOU GO FROM HERE?

An evaluation of the program and brainstorming about youth's ongoing ministry in the church and the world.

